

WHAT IS CLAIMED IS:

1. A cushion cell located between an outsole and an insole of shoes,
comprising:

a casing composed of a first portion and a second portion, and

5 an hour-glass-shaped compressible member located in the casing
and composed of an upper portion and a lower portion, each of the upper
portion and the lower portion being a continuously spiral wire extended in a
vertical direction and including a narrow end and a wide end, the spiral wire
of the upper portion being inserted in a corresponding spiral gap of the lower
10 portion when the compressible member is compressed into a flat disk-like
form.

2. The cushion cell as claimed in claim 1, wherein the compressible
member is located between two retaining members and each retaining
member having a hole defined therethrough, two ends of the compressible
15 member being engaged with the two respective holes of the two retaining
members.

3. The cushion cell as claimed in claim 1 further comprising a
cushion pad put on a top of one of the retaining members.

4. The cushion cell as claimed in claim 1 further comprising at least
20 one ventilation valve which has one end located in the casing and the other
end of the at least one ventilation valve located outside of the casing.